

# Key Repetitions within Passages in Hebrews

Hebrews is laced with repetition. Because I highlighted seven key words in the “Key Terms in Hebrews” document, I did not want to add any more. Here, however, in addition to highlighting the “Key Repetitions within Passages,” I’ve added two more key terms that are prominent throughout the letter: “**promise**” (18x) and “**offer**” (31x).

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## *The Letter to the* **HEBREWS**

### Chapter 1

#### *God’s Final Word in His Son*

- 1 God, after He spoke long ago to the fathers in the prophets in many portions and in many ways,
- 2 in these last days has spoken to us in His Son, whom He appointed heir of all things, through whom also He made the world.
- 3 And He is the radiance of His glory and the exact representation of His nature, and upholds all things by the word of His power. When He had made purification of sins, He sat down at the right hand of the Majesty on high,
- 4 having become as much better than the **angels**, as He has inherited a more excellent name than they.
- 5 For to which of the **angels** did He ever say,  
“YOU ARE MY SON,  
TODAY I HAVE BEGOTTEN YOU”?  
And again,  
“I WILL BE A FATHER TO HIM  
AND HE SHALL BE A SON TO ME”?
- 6 And when He again brings the firstborn into the world, He says,  
“AND LET ALL THE **ANGELS** OF GOD WORSHIP HIM.”

7 And of the **angels** He says,  
    “WHO MAKES HIS **ANGELS** WINDS,  
    AND HIS MINISTERS A FLAME OF FIRE.”

8 But of the Son *He says*,  
    “YOUR THRONE, O GOD, IS FOREVER AND EVER,  
    AND THE RIGHTEOUS SCEPTER IS THE SCEPTER OF HIS KINGDOM.

9 “YOU HAVE LOVED RIGHTEOUSNESS AND HATED LAWLESSNESS;  
    THEREFORE GOD, YOUR GOD, HAS ANOINTED YOU  
    WITH THE OIL OF GLADNESS ABOVE YOUR COMPANIONS.”

10 And,  
    “YOU, LORD, IN THE BEGINNING LAID THE FOUNDATION OF THE EARTH,  
    AND THE HEAVENS ARE THE WORKS OF YOUR HANDS;

11 THEY WILL PERISH, BUT YOU REMAIN;  
    AND THEY ALL WILL BECOME OLD LIKE A GARMENT,

12 AND LIKE A MANTLE YOU WILL ROLL THEM UP;  
    LIKE A GARMENT THEY WILL ALSO BE CHANGED.  
    BUT YOU ARE THE SAME,  
    AND YOUR YEARS WILL NOT COME TO AN END.”

13 But to which of the **angels** has He ever said,  
    “SIT AT MY RIGHT HAND,  
    UNTIL I MAKE YOUR ENEMIES  
    A FOOTSTOOL FOR YOUR FEET”?

14 Are they not all ministering spirits, sent out to render service for the sake of those who will inherit **salvation**?

## Chapter 2

### *Give Heed*

1 For this reason we must pay much closer attention to what we have heard, so that we do not drift away *from it*.

2 For if the word spoken through **angels** proved unalterable, and every transgression and disobedience received a just penalty,

3 how will we escape if we neglect so great a **salvation**? After it was at the first spoken through the Lord, it was confirmed to us by those who heard,

4 God also testifying with them, both by signs and wonders and by various miracles and by gifts of the Holy Spirit according to His own will.

### *Earth Subject to Man*

5 For He did not **subject** to **angels** the world to come, concerning which we are speaking.

6 But one has testified somewhere, saying,  
    “WHAT IS MAN, THAT YOU REMEMBER HIM?  
    OR THE SON OF MAN, THAT YOU ARE CONCERNED ABOUT HIM?”

7 “YOU HAVE MADE HIM FOR A LITTLE WHILE LOWER THAN THE **ANGELS**;

YOU HAVE CROWNED HIM WITH GLORY AND HONOR,  
AND HAVE APPOINTED HIM OVER THE WORKS OF YOUR HANDS;  
8 YOU HAVE PUT ALL THINGS IN **SUBJECTION** UNDER HIS FEET.”  
For in **subjecting** all things to him, He left nothing that is not **subject** to him. But now we do not yet see all things **subjected** to him.

### *Jesus Briefly Humbled*

9 But we do see Him who was made for a little while lower than the **angels**, *namely*, Jesus, because of the **suffering** of **death** crowned with glory and honor, so that by the grace of God He might taste **death** for everyone.  
10 For it was fitting for Him, for whom are all things, and through whom are all things, in bringing many sons to glory, to perfect the author of their **salvation** through **sufferings**.  
11 For both He who sanctifies and those who are sanctified are all from one *Father*; for which reason He is not ashamed to call them brethren,  
12 saying,  
“I WILL PROCLAIM YOUR NAME TO MY BRETHREN,  
IN THE MIDST OF THE CONGREGATION I WILL SING YOUR PRAISE.”  
13 And again,  
“I WILL PUT MY TRUST IN HIM.”  
And again,  
“BEHOLD, I AND THE CHILDREN WHOM GOD HAS GIVEN ME.”  
14 Therefore, since the children share in flesh and blood, He Himself likewise also partook of the same, that through **death** He might render powerless him who had the power of **death**, that is, the devil,  
15 and might free those who through fear of **death** were subject to slavery all their lives.  
16 For assuredly He does not give help to **angels**, but He gives help to the descendant of Abraham.  
17 Therefore, He had to be made like His brethren in all things, so that He might become a merciful and faithful high priest in things pertaining to God, to make propitiation for the sins of the people.  
18 For since He Himself was tempted in that which He has **suffered**, He is able to come to the aid of those who are tempted.

## Chapter 3

### *Jesus Our High Priest*

1 Therefore, holy brethren, partakers of a heavenly calling, consider Jesus, the Apostle and High Priest of our confession;  
2 He was faithful to Him who appointed Him, as Moses also was in all His **house**.  
3 For He has been counted worthy of more glory than Moses, by just so much as the builder of the **house** has more honor than the **house**.  
4 For every **house** is built by someone, but the builder of all things is God.  
5 Now Moses was faithful in all His **house** as a servant, for a testimony of those things

which were to be spoken later;

6 but Christ *was faithful* as a Son over His **house**—whose **house** we are, **if we hold fast** our confidence and the boast of our hope firm **until the end**.

7 Therefore, just as the Holy Spirit says,

“TODAY IF YOU HEAR HIS VOICE,

8 DO NOT HARDEN YOUR **HEARTS** AS WHEN THEY PROVOKED ME,

AS IN THE DAY OF TRIAL IN THE WILDERNESS,

9 WHERE YOUR FATHERS TRIED *Me* BY TESTING *Me*,

AND SAW MY WORKS FOR FORTY YEARS.

10 “THEREFORE I WAS ANGRY WITH THIS GENERATION,

AND SAID, ‘THEY ALWAYS GO ASTRAY IN THEIR **HEART**,

AND THEY DID NOT KNOW MY WAYS’;

11 AS I SWORE IN MY WRATH,

‘THEY SHALL NOT **ENTER MY REST**.’ ”

### *The Peril of Unbelief*

12 Take care, brethren, that there not be in any one of you an evil, unbelieving **heart** that falls away from the living God.

13 But encourage one another day after day, as long as it is *still* called “Today,” so that none of you will be hardened by the deceitfulness of sin.

14 For we have become partakers of Christ, **if we hold fast** the beginning of our assurance firm **until the end**,

15 while it is said,

“TODAY IF YOU HEAR HIS VOICE,

DO NOT HARDEN YOUR **HEARTS**, AS WHEN THEY PROVOKED ME.”

16 For who provoked *Him* when they had heard? Indeed, did not all those who came out of Egypt *led* by Moses?

17 And with whom was He angry for forty years? Was it not with those who sinned, whose bodies fell in the wilderness?

18 And to whom did He swear that they would not **enter His rest**, but to those who were disobedient?

19 *So* we see that they were not able to enter because of unbelief.

## Chapter 4

### *The Believer’s Rest*

1 Therefore, let us fear if, while a **promise** remains of **entering His rest**, any one of you may seem to have come short of it.

2 For indeed we have had good news preached to us, just as they also; but the word they heard did not profit them, because it was not united by faith in those who heard.

3 For we who have believed **enter that rest**, just as He has said,

“AS I SWORE IN MY WRATH,

THEY SHALL NOT **ENTER MY REST**,”

although His works were finished from the foundation of the world.

4 For He has said somewhere concerning the seventh *day*: “AND GOD RESTED ON THE SEVENTH DAY FROM ALL HIS WORKS”;

5 and again in this *passage*, “THEY SHALL NOT ENTER MY REST.”

6 Therefore, since it remains for some to enter it, and those who formerly had good news preached to them failed to enter because of disobedience,

7 He again fixes a certain day, “Today,” saying through David after so long a time just as has been said before,

“TODAY IF YOU HEAR HIS VOICE,  
DO NOT HARDEN YOUR HEARTS.”

8 For if Joshua had given them rest, He would not have spoken of another day after that.

9 So there remains a Sabbath rest for the people of God.

10 For the one who has entered His rest has himself also rested from his works, as God did from His.

11 Therefore let us be diligent to enter that rest, so that no one will fall, through following the same example of disobedience.

12 For the word of God is living and active and sharper than any two-edged sword, and piercing as far as the division of soul and spirit, of both joints and marrow, and able to judge the thoughts and intentions of the heart.

13 And there is no creature hidden from His sight, but all things are open and laid bare to the eyes of Him with whom we have to do.

14 Therefore, since we have a great high priest who has passed through the heavens, Jesus the Son of God, let us hold fast our confession.

15 For we do not have a high priest who cannot sympathize with our weaknesses, but One who has been tempted in all things as *we are*, yet without sin.

16 Therefore let us draw near with confidence to the throne of grace, so that we may receive mercy and find grace to help in time of need.

## Chapter 5

### *The Perfect High Priest*

1 For every high priest taken from among men is appointed on behalf of men in things pertaining to God, in order to offer both gifts and sacrifices for sins;

2 he can deal gently with the ignorant and misguided, since he himself also is beset with weakness;

3 and because of it he is obligated to offer sacrifices for sins, as for the people, so also for himself.

4 And no one takes the honor to himself, but receives it when he is called by God, even as Aaron was.

5 So also Christ did not glorify Himself so as to become a high priest, but He who said to Him,

“YOU ARE MY SON,  
TODAY I HAVE BEGOTTEN YOU”;

- 6 just as He says also in another *passage*,  
“YOU ARE A PRIEST FOREVER  
ACCORDING TO THE ORDER OF MELCHIZEDEK.”
- 7 In the days of His flesh, He offered up both prayers and supplications with loud crying  
and tears to the One able to save Him from death, and He was heard because of His piety.
- 8 Although He was a Son, He learned obedience from the things which He suffered.
- 9 And having been made perfect, He became to all those who obey Him the source of  
eternal salvation,
- 10 being designated by God as a high priest according to the order of Melchizedek.
- 11 Concerning him we have much to say, and *it is* hard to explain, since you have become  
dull of hearing.
- 12 For though by this time you ought to be teachers, you have need again for someone to  
teach you the elementary principles of the oracles of God, and you have come to need  
milk and not solid food.
- 13 For everyone who partakes *only* of milk is not accustomed to the word of righteousness,  
for he is an infant.
- 14 But solid food is for the mature, who because of practice have their senses trained to  
discern good and evil.

## Chapter 6

### *The Peril of Falling Away*

- 1 Therefore leaving the elementary teaching about the Christ, let us press on to maturity,  
not laying again a foundation of repentance from dead works and of faith toward God,  
2 of instruction about washings and laying on of hands, and the resurrection of the dead and  
eternal judgment.
- 3 And this we will do, if God permits.
- 4 For in the case of those who have once been enlightened and have tasted of the heavenly  
gift and have been made partakers of the Holy Spirit,  
5 and have tasted the good word of God and the powers of the age to come,  
6 and *then* have fallen away, it is impossible to renew them again to repentance, since they  
again crucify to themselves the Son of God and put Him to open shame.
- 7 For ground that drinks the rain which often falls on it and brings forth vegetation useful  
to those for whose sake it is also tilled, receives a blessing from God;  
8 but if it yields thorns and thistles, it is worthless and close to being cursed, and it ends up  
being burned.

### *Better Things for You*

- 9 But, beloved, we are convinced of better things concerning you, and things that  
accompany salvation, though we are speaking in this way.
- 10 For God is not unjust so as to forget your work and the love which you have shown  
toward His name, in having ministered and in still ministering to the saints.
- 11 And we desire that each one of you show the same diligence so as to realize the full

assurance of hope until the end,  
12 so that you will not be sluggish, but imitators of those who through faith and patience inherit the promises.  
13 For when God made the promise to Abraham, since He could swear by no one greater, He swore by Himself,  
14 saying, "I WILL SURELY BLESS YOU AND I WILL SURELY MULTIPLY YOU."  
15 And so, having patiently waited, he obtained the promise.  
16 For men swear by one greater *than themselves*, and with them an oath given as confirmation is an end of every dispute.  
17 In the same way God, desiring even more to show to the heirs of the promise the unchangeableness of His purpose, interposed with an oath,  
18 so that by two unchangeable things in which it is impossible for God to lie, we who have taken refuge would have strong encouragement to take hold of the hope set before us.  
19 This hope we have as an anchor of the soul, a hope both sure and steadfast and one which enters within the veil,  
20 where Jesus has entered as a forerunner for us, having become a high priest forever according to the order of Melchizedek.

## Chapter 7

### *Melchizedek's Priesthood Like Christ's*

1 For this Melchizedek, king of Salem, priest of the Most High God, who met Abraham as he was returning from the slaughter of the kings and blessed him,  
2 to whom also Abraham apportioned a tenth part of all *the spoils*, was first of all, by the translation of *his name*, king of righteousness, and then also king of Salem, which is king of peace.  
3 Without father, without mother, without genealogy, having neither beginning of days nor end of life, but made like the Son of God, he remains a priest perpetually.  
4 Now observe how great this man was to whom Abraham, the patriarch, gave a tenth of the choicest spoils.  
5 And those indeed of the sons of Levi who receive the priest's office have commandment in the Law to collect a tenth from the people, that is, from their brethren, although these are descended from Abraham.  
6 But the one whose genealogy is not traced from them collected a tenth from Abraham and blessed the one who had the promises.  
7 But without any dispute the lesser is blessed by the greater.  
8 In this case mortal men receive tithes, but in that case one *receives them*, of whom it is witnessed that he lives on.  
9 And, so to speak, through Abraham even Levi, who received tithes, paid tithes,  
10 for he was still in the loins of his father when Melchizedek met him.  
11 Now if perfection was through the Levitical priesthood (for on the basis of it the people received the Law), what further need *was there* for another priest to arise according to the order of Melchizedek, and not be designated according to the order of Aaron?

12 For when the priesthood is changed, of necessity there takes place a change of law also.  
13 For the one concerning whom these things are spoken belongs to another tribe, from  
which no one has officiated at the altar.  
14 For it is evident that our Lord was descended from Judah, a tribe with reference to which  
Moses spoke nothing concerning priests.  
15 And this is clearer still, if another priest arises according to the likeness of Melchizedek,  
16 who has become *such* not on the basis of a law of physical requirement, but according to  
the power of an indestructible life.  
17 For it is attested *of Him*,  
“YOU ARE A PRIEST FOREVER  
ACCORDING TO THE ORDER OF MELCHIZEDEK.”  
18 For, on the one hand, there is a setting aside of a former commandment because of its  
weakness and uselessness  
19 (for the Law made nothing perfect), and on the other hand there is a bringing in of a  
better hope, through which we draw near to God.  
20 And inasmuch as *it was* not without an oath  
21 (for they indeed became priests without an oath, but He with an oath through the One  
who said to Him,  
“THE LORD HAS SWORN  
AND WILL NOT CHANGE HIS MIND,  
‘YOU ARE A PRIEST FOREVER’ ”);  
22 so much the more also Jesus has become the guarantee of a better covenant.  
23 The *former* priests, on the one hand, existed in greater numbers because they were  
prevented by death from continuing,  
24 but Jesus, on the other hand, because He continues forever, holds His priesthood  
permanently.  
25 Therefore He is able also to save forever those who draw near to God through Him, since  
He always lives to make intercession for them.  
26 For it was fitting for us to have such a high priest, holy, innocent, undefiled, separated  
from sinners and exalted above the heavens;  
27 who does not need daily, like those high priests, to offer up sacrifices, first for His own  
sins and then for the sins of the people, because this He did once for all when He offered  
up Himself.  
28 For the Law appoints men as high priests who are weak, but the word of the oath, which  
came after the Law, appoints a Son, made perfect forever.

## Chapter 8

### *A Better Ministry*

1 Now the main point in what has been said *is this*: we have such a high priest, who has  
taken His seat at the right hand of the throne of the Majesty in the heavens,  
2 a minister in the sanctuary and in the true tabernacle, which the Lord pitched, not man.  
3 For every high priest is appointed to offer both gifts and sacrifices; so it is necessary that



this *high priest* also have something to offer.  
4 Now if He were on earth, He would not be a priest at all, since there are those who offer  
the gifts according to the Law;  
5 who serve a copy and shadow of the heavenly things, just as Moses was warned by God  
when he was about to erect the tabernacle; for, "SEE," He says, "THAT YOU MAKE all  
things ACCORDING TO THE PATTERN WHICH WAS SHOWN YOU ON THE MOUNTAIN."  
6 But now He has obtained a more excellent ministry, by as much as He is also the  
mediator of a better covenant, which has been enacted on better promises.

### *A New Covenant*

7 For if that first *covenant* had been faultless, there would have been no occasion sought for  
a second.  
8 For finding fault with them, He says,  
"BEHOLD, DAYS ARE COMING, SAYS THE LORD,  
WHEN I WILL EFFECT A NEW COVENANT  
WITH THE HOUSE OF ISRAEL AND WITH THE HOUSE OF JUDAH;  
9 NOT LIKE THE COVENANT WHICH I MADE WITH THEIR FATHERS  
ON THE DAY WHEN I TOOK THEM BY THE HAND  
TO LEAD THEM OUT OF THE LAND OF EGYPT;  
FOR THEY DID NOT CONTINUE IN MY COVENANT,  
AND I DID NOT CARE FOR THEM, SAYS THE LORD.  
10 "FOR THIS IS THE COVENANT THAT I WILL MAKE WITH THE HOUSE OF ISRAEL  
AFTER THOSE DAYS, SAYS THE LORD:  
I WILL PUT MY LAWS INTO THEIR MINDS,  
AND I WILL WRITE THEM ON THEIR HEARTS.  
AND I WILL BE THEIR GOD,  
AND THEY SHALL BE MY PEOPLE.  
11 "AND THEY SHALL NOT TEACH EVERYONE HIS FELLOW CITIZEN,  
AND EVERYONE HIS BROTHER, SAYING, 'KNOW THE LORD,'  
FOR ALL WILL KNOW ME,  
FROM THE LEAST TO THE GREATEST OF THEM.  
12 "FOR I WILL BE MERCIFUL TO THEIR INIQUITIES,  
AND I WILL REMEMBER THEIR SINS NO MORE."  
13 When He said, "A new *covenant*," He has made the first obsolete. But whatever is  
becoming obsolete and growing old is ready to disappear.

## Chapter 9

### *The Old and the New*

1 Now even the first *covenant* had regulations of divine worship and the earthly sanctuary.  
2 For there was a tabernacle prepared, the outer one, in which were the lampstand and the  
table and the sacred bread; this is called the holy place.  
3 Behind the second veil there was a tabernacle which is called the Holy of Holies,

4 having a golden altar of incense and the ark of the covenant covered on all sides with gold, in which was a golden jar holding the manna, and Aaron's rod which budded, and the tables of the covenant;

5 and above it *were* the cherubim of glory overshadowing the mercy seat; but of these things we cannot now speak in detail.

6 Now when these things have been so prepared, the priests are continually entering the outer **tabernacle** performing the divine worship,

7 but into the second, only the high priest *enters* once a year, not without *taking* **blood**, which he **offers** for himself and for the **sins** of the people committed in ignorance.

8 The Holy Spirit *is* signifying this, that the way into the holy place has not yet been disclosed while the outer **tabernacle** is still standing,

9 which *is* a symbol for the present time. Accordingly both gifts and sacrifices are **offered** which cannot make the worshiper perfect in conscience,

10 since they *relate* only to food and drink and various washings, regulations for the body imposed until a time of reformation.

11 But when Christ appeared *as* a high priest of the good things to come, *He entered* through the greater and more perfect **tabernacle**, not made with hands, that is to say, not of this creation;

12 and not through the **blood** of goats and calves, but through His own **blood**, He entered the holy place once for all, having obtained eternal redemption.

13 For if the **blood** of goats and bulls and the ashes of a heifer sprinkling those who have been defiled sanctify for the cleansing of the flesh,

14 how much more will the **blood** of Christ, who through the eternal Spirit **offered** Himself without blemish to God, cleanse your conscience from dead works to serve the living God?

15 For this reason He is the mediator of a new covenant, so that, since a death has taken place for the redemption of the transgressions that were *committed* under the first covenant, those who have been called may receive the **promise** of the eternal inheritance.

16 For where a covenant is, there must of necessity be the death of the one who made it.

17 For a covenant is valid *only* when men are dead, for it is never in force while the one who made it lives.

18 Therefore even the first *covenant* was not inaugurated without **blood**.

19 For when every commandment had been spoken by Moses to all the people according to the Law, he took the **blood** of the calves and the goats, with water and scarlet wool and hyssop, and sprinkled both the book itself and all the people,

20 saying, "THIS IS THE **BLOOD** OF THE COVENANT WHICH GOD COMMANDED YOU."

21 And in the same way he sprinkled both the **tabernacle** and all the vessels of the ministry with the **blood**.

22 And according to the Law, *one may almost say*, all things are cleansed with **blood**, and without shedding of **blood** there is no forgiveness.

23 Therefore it was necessary for the copies of the things in the heavens to be cleansed with these, but the heavenly things themselves with better sacrifices than these.

24 For Christ did not enter a holy place made with hands, a *mere* copy of the true one, but into heaven itself, now to appear in the presence of God for us;

25 nor was it that He would **offer** Himself often, as the high priest enters the holy place year by year with **blood** that is not his own.

26 Otherwise, He would have needed to suffer often since the foundation of the world; but  
now once at the consummation of the ages He has been manifested to put away **sin** by the  
sacrifice of Himself.  
27 And inasmuch as it is appointed for men to die once and after this *comes* judgment,  
28 so Christ also, having been **offered** once to bear the **sins** of many, will appear a second  
time for salvation without *reference to sin*, to those who eagerly await Him.

## Chapter 10

### *One Sacrifice of Christ Is Sufficient*

1 For the Law, since it has *only* a shadow of the good things to come *and* not the very form  
of things, can never, by the same sacrifices which they **offer** continually year by year,  
make perfect those who **draw near**.  
2 Otherwise, would they not have ceased to be **offered**, because the worshipers, having  
once been cleansed, would no longer have had consciousness of **sins**?  
3 But in those *sacrifices* there is a reminder of **sins** year by year.  
4 For it is impossible for the **blood** of bulls and goats to take away **sins**.  
5 Therefore, when He comes into the world, He says,  
“SACRIFICE AND **OFFERING** YOU HAVE NOT DESIRED,  
BUT A BODY YOU HAVE PREPARED FOR ME;  
6 IN WHOLE BURNT **OFFERINGS** AND *sacrifices* FOR **SIN** YOU HAVE TAKEN NO PLEASURE.  
7 “THEN I SAID, ‘BEHOLD, I HAVE COME  
(IN THE SCROLL OF THE BOOK IT IS WRITTEN OF ME)  
TO DO YOUR WILL, O GOD.’ ”  
8 After saying above, “SACRIFICES AND **OFFERINGS** AND WHOLE BURNT **OFFERINGS** AND  
*sacrifices* FOR **SIN** YOU HAVE NOT DESIRED, NOR HAVE YOU TAKEN PLEASURE *in them*”  
(which are **offered** according to the Law),  
9 then He said, “BEHOLD, I HAVE COME TO DO YOUR WILL.” He takes away the first in order  
to establish the second.  
10 By this will we have been sanctified through the **offering** of the body of Jesus Christ once  
for all.  
11 Every priest stands daily ministering and **offering** time after time the same sacrifices,  
which can never take away **sins**;  
12 but He, having **offered** one sacrifice for **sins** for all time, SAT DOWN AT THE RIGHT HAND  
OF GOD,  
13 waiting from that time onward UNTIL HIS ENEMIES BE MADE A FOOTSTOOL FOR HIS FEET.  
14 For by one **offering** He has perfected for all time those who are sanctified.  
15 And the Holy Spirit also testifies to us; for after saying,  
16 “THIS IS THE COVENANT THAT I WILL MAKE WITH THEM  
AFTER THOSE DAYS, SAYS THE LORD:  
I WILL PUT MY LAWS UPON THEIR **HEART**,  
AND ON THEIR MIND I WILL WRITE THEM,”  
*He then says,*

17 “AND THEIR SINS AND THEIR LAWLESS DEEDS  
I WILL REMEMBER NO MORE.”

18 Now where there is forgiveness of these things, there is no longer any offering for sin.

### *A New and Living Way*

19 Therefore, brethren, since we have confidence to enter the holy place by the blood of  
Jesus,  
20 by a new and living way which He inaugurated for us through the veil, that is, His flesh,  
21 and since *we have* a great priest over the house of God,  
22 let us draw near with a sincere heart in full assurance of faith, having our hearts sprinkled  
*clean* from an evil conscience and our bodies washed with pure water.  
23 Let us hold fast the confession of our hope without wavering, for He who promised is  
faithful;  
24 and let us consider how to stimulate one another to love and good deeds,  
25 not forsaking our own assembling together, as is the habit of some, but encouraging *one  
another*; and all the more as you see the day drawing near.

### *Christ or Judgment*

26 For if we go on sinning willfully after receiving the knowledge of the truth, there no  
longer remains a sacrifice for sins,  
27 but a terrifying expectation of judgment and THE FURY OF A FIRE WHICH WILL CONSUME  
THE ADVERSARIES.  
28 Anyone who has set aside the Law of Moses dies without mercy on *the testimony of two  
or three witnesses*.  
29 How much severer punishment do you think he will deserve who has trampled under foot  
the Son of God, and has regarded as unclean the blood of the covenant by which he was  
sanctified, and has insulted the Spirit of grace?  
30 For we know Him who said, “VENGEANCE IS MINE, I WILL REPAY.” And again, “THE  
LORD WILL JUDGE HIS PEOPLE.”  
31 It is a terrifying thing to fall into the hands of the living God.  
32 But remember the former days, when, after being enlightened, you endured a great  
conflict of sufferings,  
33 partly by being made a public spectacle through reproaches and tribulations, and partly  
by becoming sharers with those who were so treated.  
34 For you showed sympathy to the prisoners and accepted joyfully the seizure of your  
property, knowing that you have for yourselves a better possession and a lasting one.  
35 Therefore, do not throw away your confidence, which has a great reward.  
36 For you have need of endurance, so that when you have done the will of God, you may  
receive what was promised.  
37 FOR YET IN A VERY LITTLE WHILE,  
HE WHO IS COMING WILL COME, AND WILL NOT DELAY.  
38 BUT MY RIGHTEOUS ONE SHALL LIVE BY FAITH;  
AND IF HE SHRINKS BACK, MY SOUL HAS NO PLEASURE IN HIM.  
39 But we are not of those who shrink back to destruction, but of those who have faith to the  
preserving of the soul.

# Chapter 11

## *The Triumphs of Faith*

- 1 Now **faith** is the assurance of *things* hoped for, the conviction of things not **seen**.
- 2 For by it the men of old gained approval.
- 3 By **faith** we understand that the worlds were prepared by the word of God, so that what is **seen** was not made out of things which are **visible**.
- 4 By **faith** Abel **offered** to God a better sacrifice than Cain, through which he obtained the testimony that he was righteous, God testifying about his gifts, and through **faith**, though he is dead, he still speaks.
- 5 By **faith** Enoch was taken up so that he would not see death; AND HE WAS NOT FOUND BECAUSE GOD TOOK HIM UP; for he obtained the witness that before his being taken up he was pleasing to God.
- 6 And without **faith** it is impossible to please *Him*, for he who comes to God must believe that He is and *that* He is a rewarder of those who seek Him.
- 7 By **faith** Noah, being warned *by God* about things not yet **seen**, in reverence prepared an ark for the salvation of his household, by which he condemned the world, and became an heir of the righteousness which is according to **faith**.
- 8 By **faith** Abraham, when he was called, obeyed by going out to a place which he was to receive for an inheritance; and he went out, not knowing where he was going.
- 9 By **faith** he lived as an alien in the land of **promise**, as in a foreign *land*, dwelling in tents with Isaac and Jacob, fellow heirs of the same **promise**;
- 10 for he was **looking** for the city which has foundations, whose architect and builder is God.
- 11 By **faith** even Sarah herself received ability to conceive, even beyond the proper time of life, since she considered Him faithful who had **promised**.
- 12 Therefore there was born even of one man, and him as good as dead at that, *as many descendants* AS THE STARS OF HEAVEN IN NUMBER, AND INNUMERABLE AS THE SAND WHICH IS BY THE SEASHORE.
- 13 All these died in **faith**, without receiving the **promises**, but having **seen** them and having welcomed them from a distance, and having confessed that they were strangers and exiles on the earth.
- 14 For those who say such things make it clear that they are seeking a country of their own.
- 15 And indeed if they had been thinking of that *country* from which they went out, they would have had opportunity to return.
- 16 But as it is, they desire a better *country*, that is, a heavenly one. Therefore God is not ashamed to be called their God; for He has prepared a city for them.
- 17 By **faith** Abraham, when he was tested, **offered** up Isaac, and he who had received the **promises** was **offering** up his only begotten *son*;
- 18 *it was he* to whom it was said, "IN ISAAC YOUR DESCENDANTS SHALL BE CALLED."
- 19 He considered that God is able to raise *people* even from the dead, from which he also received him back as a type.
- 20 By **faith** Isaac blessed Jacob and Esau, even regarding things to come.
- 21 By **faith** Jacob, as he was dying, blessed each of the sons of Joseph, and worshiped, *leaning* on the top of his staff.

22 By **faith** Joseph, when he was dying, made mention of the exodus of the sons of Israel, and gave orders concerning his bones.

23 By **faith** Moses, when he was born, was hidden for three months by his parents, because they saw he was a beautiful child; and they were not afraid of the king's edict.

24 By **faith** Moses, when he had grown up, refused to be called the son of Pharaoh's daughter,

25 choosing rather to **endure** ill-treatment with the people of God than to enjoy the passing pleasures of sin,

26 considering the reproach of Christ greater riches than the treasures of Egypt; for he was looking to the reward.

27 By **faith** he left Egypt, not fearing the wrath of the king; for he **endured**, as **seeing** Him who is **unseen**.

28 By **faith** he kept the Passover and the sprinkling of the blood, so that he who destroyed the firstborn would not touch them.

29 By **faith** they passed through the Red Sea as though *they were passing* through dry land; and the Egyptians, when they attempted it, were drowned.

30 By **faith** the walls of Jericho fell down after they had been encircled for seven days.

31 By **faith** Rahab the harlot did not perish along with those who were disobedient, after she had welcomed the spies in peace.

32 And what more shall I say? For time will fail me if I tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets,

33 who by **faith** conquered kingdoms, performed *acts of righteousness*, obtained **promises**, shut the mouths of lions,

34 quenched the power of fire, escaped the edge of the sword, from weakness were made strong, became mighty in war, put foreign armies to flight.

35 Women received *back* their dead by resurrection; and others were tortured, not accepting their release, so that they might obtain a better resurrection;

36 and others experienced mockings and scourgings, yes, also chains and imprisonment.

37 They were stoned, they were sawn in two, they were tempted, they were put to death with the sword; they went about in sheepskins, in goatskins, being destitute, afflicted, ill-treated

38 (*men of whom the world was not worthy*), wandering in deserts and mountains and caves and holes in the ground.

39 And all these, having gained approval through their **faith**, did not receive what was **promised**,

40 because God had provided something better for us, so that apart from us they would not be made perfect.

## Chapter 12

### *Jesus, the Example*

1 Therefore, since we have so great a cloud of **witnesses** surrounding us, let us also lay aside every encumbrance and the sin which so easily entangles us, and let us run with

**2** **endurance** the race that is set before us,  
fixing our eyes on Jesus, the author and perfecter of **faith**, who for the joy set before Him  
**endured** the cross, despising the shame, and has sat down at the right hand of the throne  
of God.  
**3** For consider Him who has **endured** such hostility by sinners against Himself, so that you  
will not grow weary and lose heart.

### *A Father's Discipline*

**4** You have not yet resisted to the point of shedding blood in your striving against sin;  
**5** and you have forgotten the exhortation which is addressed to you as sons,  
“MY SON, DO NOT REGARD LIGHTLY THE **DISCIPLINE** OF THE LORD,  
NOR FAINT WHEN YOU ARE REPROVED BY HIM;  
**6** FOR THOSE WHOM THE LORD LOVES HE **DISCIPLINES**,  
AND HE SCOURGES EVERY SON WHOM HE RECEIVES.”  
**7** It is for **discipline** that you **endure**; God deals with you as with sons; for what son is there  
whom *his* father does not **discipline**?  
**8** But if you are without **discipline**, of which all have become partakers, then you are  
illegitimate children and not sons.  
**9** Furthermore, we had earthly fathers to **discipline** us, and we respected them; shall we not  
much rather be subject to the Father of spirits, and live?  
**10** For they **disciplined** us for a short time as seemed best to them, but He **disciplines** us for  
*our* good, so that we may share His holiness.  
**11** All **discipline** for the moment seems not to be joyful, but sorrowful; yet to those who  
have been trained by it, afterwards it yields the peaceful fruit of righteousness.  
**12** Therefore, strengthen the hands that are weak and the knees that are feeble,  
**13** and make straight paths for your feet, so that *the limb* which is lame may not be put out of  
joint, but rather be healed.  
**14** Pursue peace with all men, and the sanctification without which no one will see the Lord.  
**15** See to it that no one comes short of the grace of God; that no root of bitterness springing  
up causes trouble, and by it many be defiled;  
**16** that *there be* no immoral or godless person like Esau, who sold his own birthright for a  
*single* meal.  
**17** For you know that even afterwards, when he desired to inherit the blessing, he was  
rejected, for he found no place for repentance, though he sought for it with tears.

### *Contrast of Sinai and Zion*

**18** For you have not come to *a mountain* that can be touched and to a blazing fire, and to  
darkness and gloom and whirlwind,  
**19** and to the blast of a trumpet and the sound of words which *sound was such that* those  
who heard begged that no further word be spoken to them.  
**20** For they could not bear the command, “IF EVEN A BEAST TOUCHES THE MOUNTAIN, IT  
WILL BE STONED.”  
**21** And so terrible was the sight, *that* Moses said, “I AM FULL OF FEAR and trembling.”  
**22** But you have come to Mount Zion and to the city of the living God, the heavenly  
Jerusalem, and to myriads of angels,  
**23** to the general assembly and church of the firstborn who are enrolled in heaven, and to

24 God, the Judge of all, and to the spirits of *the* righteous made perfect,  
and to Jesus, the mediator of a new covenant, and to the sprinkled blood, which speaks  
better than *the blood* of Abel.

### *The Unshaken Kingdom*

25 See to it that you do not refuse Him who is speaking. For if those did not escape when  
they refused him who warned *them* on earth, much less *will* we *escape* who turn away  
from Him who *warns* from heaven.

26 And His voice shook the earth then, but now He has **promised**, saying, “YET ONCE MORE I  
WILL **SHAKE** NOT ONLY THE EARTH, BUT ALSO THE HEAVEN.”

27 This *expression*, “Yet once more,” denotes the removing of those things which can be  
**shaken**, as of created things, so that those things which cannot be **shaken** may remain.

28 Therefore, since we receive a kingdom which cannot be **shaken**, let us show gratitude, by  
which we may **offer** to God an acceptable service with reverence and awe;

29 for our God is a consuming fire.

## Chapter 13

### *The Changeless Christ*

1 Let love of the brethren continue.

2 Do not neglect to show hospitality to strangers, for by this some have entertained angels  
without knowing it.

3 **Remember** the prisoners, as though in prison with them, *and* those who are ill-treated,  
since you yourselves also are in the body.

4 Marriage *is to be held* in honor among all, and the *marriage* bed *is to be* undefiled; for  
fornicators and adulterers God will judge.

5 *Make sure that* your character is free from the love of money, being content with what  
you have; for He Himself has said, “I WILL NEVER DESERT YOU, NOR WILL I EVER  
FORSAKE YOU,”

6 so that we confidently say,  
“THE LORD IS MY HELPER, I WILL NOT BE AFRAID.  
WHAT WILL MAN DO TO ME?”

7 **Remember** those who led you, who spoke the word of God to you; and considering the  
result of their conduct, imitate their faith.

8 Jesus Christ *is* the same yesterday and today and forever.

9 Do not be carried away by varied and strange teachings; for it is good for the heart to be  
strengthened by grace, not by foods, through which those who were so occupied were not  
benefited.

10 We have an altar from which those who serve the tabernacle have no right to eat.

11 For the bodies of those animals whose **blood** is brought into the holy place by the high  
priest *as an* **offering** for sin, are burned outside the camp.

12 Therefore Jesus also, that He might sanctify the people through His own **blood**, suffered  
outside the gate.



- 13 So, let us go out to Him outside the camp, bearing His reproach.  
14 For here we do not have a lasting city, but we are seeking *the city* which is to come.

### *God-pleasing Sacrifices*

- 15 Through Him then, let us continually **offer** up a sacrifice of praise to God, that is, the fruit of lips that give thanks to His name.  
16 And do not neglect doing good and sharing, for with such sacrifices God is pleased.  
17 Obey your leaders and submit *to them*, for they keep watch over your souls as those who will give an account. Let them do this with joy and not with grief, for this would be unprofitable for you.  
18 Pray for us, for we are sure that we have a good conscience, desiring to conduct ourselves honorably in all things.  
19 And I urge *you* all the more to do this, so that I may be restored to you the sooner.

### *Benediction*

- 20 Now the God of peace, who brought up from the dead the great Shepherd of the sheep through the **blood** of the eternal covenant, *even* Jesus our Lord,  
21 equip you in every good thing to do His will, working in us that which is pleasing in His sight, through Jesus Christ, to whom *be* the glory forever and ever. Amen.  
22 But I urge you, brethren, bear with this word of exhortation, for I have written to you briefly.  
23 Take notice that our brother Timothy has been released, with whom, if he comes soon, I will see you.  
24 Greet all of your leaders and all the saints. Those from Italy greet you.  
25 Grace be with you all.